



## THAMESWEY START

Inductions for newcomers will be held on the following dates:

April 28<sup>th</sup> & May 5<sup>th</sup>  
June 2<sup>nd</sup> & June 9<sup>th</sup>  
July 7<sup>th</sup> & July 14<sup>th</sup>  
August 4<sup>th</sup> & August 11<sup>th</sup>  
September 8<sup>th</sup> & September 15<sup>th</sup>

Newcomers will undergo a two week induction into the club and introduction to paddling leading to the PaddlePower Start award. The cost of the Thameswey Start course is £7.00. After the Thameswey Start course if you wish to continue paddling with Thameswey CC you will need to become a member – your booking form will serve as your membership application.

Pre-booking is essential, it allows us to ensure that we can accommodate you. Please book through [Rachel@thameswey.co.uk](mailto:Rachel@thameswey.co.uk)

You will need swimming kit, a towel, suitable shoes that can get wet (trainers with thick soles are **not** suitable), a top made of synthetic material and a wind-proof, shower-proof cagoule. We reserve the right to turn newcomers away if they do not have the above.

### Under-18s

We are required to have a signed parental consent form before we can allow you on the water. Please ensure that you have one.

### Under-12s

We require that a parent, or an adult known to your parents remains at the lake for the duration of the session. Please ensure that your parents are aware of this.

Paul Gibson  
Training Officer

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