

Pool Sessions

Thameswey holds monthly sessions in a swimming pool for paddlers to practice their skills in a warm, safe environment. These sessions have something to offer paddlers of all abilities and are particularly suitable for beginners and children. They also offer a great opportunity to learn or perfect your kayak roll in warm water.

Sessions are held from 1pm until 2:30pm, usually on the first Sunday of each month (except August), at Milton Road swimming pool (the "Health Hydro") in the centre of Swindon.

All parents should read the "Notes for Parents of Youth Members".

What to Bring

All you need to bring to pool sessions is your membership card, swimming gear and possibly a T-shirt. All equipment is supplied, and is included in the session fee. You can use your own boat if you want but it must be clean.

What Happens

When arriving at the swimming pool, go upstairs and along the corridor to the "large pool" entrance. Here there will be a Thameswey desk where you pay your session fee and hand in your card. You can then go down to the changing rooms and out to the poolside. There is a viewing balcony for guests; parents are encouraged to stay (NB this is a requirement for under 12s).

Please do not get on the water until the coach in charge of the session gives you permission. If the session is busy, you may be asked to change over and let someone else have a turn in your boat.

Helping at Sessions

All paddlers are asked to help either at the beginning or the end of pool sessions with the getting out or putting away of equipment. Please allow a few minutes at either end of the sessions for this. Your help is appreciated, and means that there is more time available on the water. All the coaches and helpers at the sessions are volunteer club members. Even if you have no qualifications in kayaking or life-guarding, you can still assist as "diligent eyes" or "pool marshal".

Map and Directions

The pool sessions are held at:

Milton Road Health Hydro
Milton Road
Swindon
SN1 5JD

