



River Trip Equipment List

Individual Equipment (Every member of the Trip)

- Club membership card
- Kayak or Canoe – must be fitted with additional buoyancy and end grab loops for kayaks and painters and swim lines for canoes
- Personal paddling clothing – As a minimum, helmet, buoyancy aid, cagoule, appropriate footwear (and between October and April full length wetsuit or dry trousers).
- Carried in a waterproof bag in your kayak / canoe – Food, hot drink or the facilities to make one, spare layer of clothing, hat, gloves, emergency blanket or bivvy bag, whistle, any special personal first aid requirements

Coaches and Trip Leader (In addition to above, provided by the individual)

- Throwline and knife (the knife to be carried on the person)
- Torch
- First Aid kit
- Sling and karabiner
- Rescue Saw
- Group Shelter

Group Equipment (In addition to above and distributed to suitably skilled paddlers / equipped boats for carrying during the trip, items provided by the club)

- Split paddles for kayaks and spare paddle for canoes
- Map

Splits can be purchased from around £40 per set.

Safety Note – No one should carry a throwline unless they are also carrying a knife.

Secretary: Siân Smith, 2 Charfield Road, Kingswood, Wotton-under-Edge, Glos GL12 8SL
Tel: 01453 521136